

## **SAILING INSTRUCTIONS**

1. **Rules:** official NAVIGA rules (2012), complemented by this sailing instructions
2. **Scoring system:** The regatta will be sailed in **HMS =Heat Management System**.  
The accurate rules of HMS can be found on the billboard.  
The Low Point system, as modified by HMS 2.4 or 3.4 will apply.  
There will be 1 discard with every 5 heats.  
The senior and the junior competitors racing in the same heats, but at the end they will be separated in the final results.
3. **Sailing course:** The course will be shown on the raceboard at the race office.
4. **Touching the marks:** Touching the marks is allowed.
5. **Restricting the starting zone:** The race committee may restrict starting zone by an additional border mark. The line between this border mark and the nearest start mark should not be crossed in the last minute before start. Otherwise, the boat should return and round the border mark from the outside..
6. **Protest and penalty turn:** A sailor **must** give a protest! The protesting boat has to call out its own sail number and the sail number against whom it is protesting. The protest has to be called well understandable and be confirmed by a race officer. Elsewise the protest is not valid. A protest may be declared by a race officer
7. **Penalty turn:**
  - a) 720° - after a **port / starboard** contact – when at least one boat is moving upwind
  - b) 360° - in all other contact situations The penalty turn has to be done **immediately** on the same race leg and has to be **announced** to the race officers in a loud and clear way. The race officer must confirm the penalty turn, elsewise the penalty turn will not be accepted. A penalty turn will also not be accepted, if the turn is not sailed in free water or another boat is hindered. If there is a protest at a mark, the turn may be done after passing the mark. If there is a protest before the start, the turn must be sailed after the end of the starting minute. If the penalty turn not sailed immediately after the 3rd call from the race officer, the boat will be disqualified and put on the last place in this heat.
8. **Redress:**
  - Should be requested, not later than the run is finished. Redress may be granted only if there is at least a loss of 5 positions.
  - Granted, if there was a collision caused hang or technical defect and the participant is not guilty
  - There will be no redress at the start.
  - Redress does not change the ranking (grouping system). Only they get, their average scored points at the end of the event
9. **Early start – declining a start** When at the starting signal the race committee is unable to identify boats that are on the course side of the starting line, the race committee may signal a general recall. In case first repeated start I Flag Rule applied, in case second or more repeated start Black Flag Rule applied
  - I Flag Rule  
If flag I has been displayed, and any part of a boat's hull equipment is on the course side of the starting line or one of its extensions during the last minute before her starting signal, she shall thereafter sail from the course side across an extension to the pre-start side before starting.
  - Black Flag Rule  
If a black flag has been displayed, no part of a boat's hull, equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute

before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, even if the race is restarted or resailed, but not if it is postponed or abandoned before the starting signal. If a general recall is signalled or the race is abandoned after the starting signal, the race committee shall display her sail number before the next warning signal for that race, and if the race is restarted or resailed she shall not sail in it. If she does so, her disqualification shall not be excluded in calculating her series score.

If 2 or more boats are hanging during the starting minute and cannot get free, the start will be canceled and restarted. The guilty boat should take a penalty.

- 10. Cancelling a run:** Because of bad conditions, the race office may shorten a run, if the wind does not seem to be strong enough. It is possible to cancel the run just before the first boat of the fleet reached the last mark of the course before the finish line.
- 11. Monitoring a boat:** the race officers may check each boat at the starting area at any times.
- 12.** The race committee may appoint race observers, who may be competitors. They shall remain in the control area while boats are racing and they shall hail and repeat the identity of boats that contact a mark or another boat. Such hails shall be made from the control area. Observers shall report all unresolved incidents to the race committee at the end of the heat.
- 13. Launching Area** is the appointed wood pier
- 14. Launching and Relaunching Rule**
  - a. Boats shall be launched or recovered only from within a launching area, except as provided in rule E4.2(b)(1).
  - b. While ashore or within a launching area, boats may be adjusted, drained of water or repaired; have their sails changed or reefed; have entangled objects removed; or have radio equipment repaired or changed.
- 15. Control Area:** area marked with ribbons on the coast.

Competitors racing shall remain in the control area while a heat is in progress, except that competitors may briefly go to and return from the launching area to perform functions permitted in rule 14. Competitors not racing shall remain outside the control and launching areas except when acting as race observers.
- 16. Audible signals**
  - a. **A whistle sound** warning signal (beginning a new heat start procedure )
  - b. **General Recall** the race committee may' with 'twice hail "General recall" and make two whistle sounds.
  - c. **the racing day ended:** three whistle sound